

bagels

Locally Sourced Bagel & House Made Spread
served with a side and a drink | \$8.19

a-la carte bagel | \$2.99

-    Plain.....360 CAL
(Contains: Wheat)
-    Wheat.....400 CAL
(Contains: Wheat)
-    Everything.....350 CAL
(Contains: Sesame & Wheat)
-    Blueberry.....370 CAL
(Contains: Wheat)
-    Cinnamon Raisin.....420 CAL
(Contains: Wheat)
-   Jalapeno Cheddar.....370 CAL
(Contains: Milk and Wheat)
-    Sesame.....320 CAL
(Contains: Sesame & Wheat)
-   Asiago.....350 CAL
(Contains: Milk and Wheat)

Made Without Gluten Available Upon Request

spreads

-   Whipped Cream Cheese.....100 CAL
(Contains: Milk)
-   Strawberry Cream Cheese.....100 CAL
(Contains: Milk)
-   Everything Cream Cheese.....100 CAL
(Contains: Milk & Sesame)
-   Honey Butter.....80 CAL
(Contains: Milk)

sample the local flavor



Neomonde
BAKERY

look for these indicators
next to our menu items



locally sourced



vegan



vegetarian



made without
gluten

breakfast sandwiches

All entrees come with a choice of side
and beverage | \$12.29

EGG & CHEESE | 530 CAL

contains: egg, milk, soy, & wheat

TURKEY SAUSAGE, EGG & CHEESE | 640 CAL

contains: egg, milk, & wheat

BACON, EGG & CHEESE | 600 CAL

contains: egg, milk, soy, & wheat

HAM, EGG & CHEESE | 580 CAL

contains: egg, milk, soy, & wheat



THE TRIPLE B | 700 CAL

Beyond Sausage® and Daiya Vegan Cheese

contains: wheat

bagel sandwiches

All entrees come with a choice of
side and beverage | \$12.29

SOUTHERN CHARM | 730 CAL

House Made Pimento Cheese & Bacon

contains: egg, milk, & wheat

THE KING | 640 CAL

SunButter®, Banana & Bacon

contains: wheat

THE HONEY B | 730 CAL

Brie Cheese, Bacon & Honey Drizzle

contains: milk, & wheat

flatizzas

All entrees come with a choice
of side and beverage | \$12.09



GIVE ME A V FLATIZZA | 580 CAL

Avocado Spread, Grape Tomatoes, Fresh Arugula and
Balsamic Glaze.

contains: egg, milk, & wheat

BREAKFAST FLATIZZA | 850 CAL

Scrambled Eggs, Turkey Sausage, Diced Green Onion,
Everything Bagel Cream Cheese.

contains: egg, milk, sesame, & wheat

CHICKEN BACON RANCH FLATIZZA | 910 CAL

Herb Marinated Chicken, Shredded Monterey Jack Cheese,
Chopped Bacon and Chipotle Ranch Sauce.

contains: egg, milk, & wheat

PEPPERONI FLATIZZA | 540 CAL

Pepperoni, naan flatbread, marinara sauce & shredded
mozzarella baked to perfection.

contains: milk & wheat

signature sandwiches

All entrees come with a choice of
side and beverage | \$12.29

OLD SCHOOL WRAP | 430 CAL

Scratchmade chicken salad and arugula
served in a wheat wrap
contains: egg, milk & wheat

WHAT YOU WANT TO BRIE | 520 CAL

Black Forest Ham, Brie, Granny Smith apples,
and honey mustard on scratchmade focaccia
contains: egg, milk & wheat

TURKEY CLUB | 600 CAL

Turkey, Bacon, Gouda Cheese, Lettuce,
Tomato, and Honey Mustard on Wheat Bread
contains: egg, milk, soy & wheat

THE ULTIMATE BLT | 610 CAL

Bacon, Lettuce, Tomato, and Mayo on
a Brioche Bun
contains: egg, milk, soy & wheat

FRENCH DIP | 390 CAL

Roast Beef, Horseradish Mayo and Provolone
cheese on a toasted Hoagie Roll served with
a side of au jus
contains: egg, soy & wheat

BLACKENED SALMON | 540 CAL

Blackened Salmon, Sliced Tomatoes,
Greens, Avocado Spread and Chipotle
Ranch on Rosemary Focaccia
contains: egg, fish, milk, & wheat

salads

All entrees come with choice of beverage and side.

  **THE TOASTED GRANNY | 800 CAL | \$12.19**
Spring Mix, Granny Smith Apple, Toasted Pumpkin Seeds, Brie Cheese,
Dried Cranberries; served
with Honey Mustard Dressing
contains: egg & milk

  **GREAT DAY GARDEN SALAD | 320 CAL | \$11.19**
Romaine lettuce, Grape Tomatoes, Cucumbers, Red Onion, Shredded
Cheddar Cheese, and House Made Ranch Dressing
contains: milk

 **BLACKENED SALMON COBB | 530 CAL | \$13.49**
Mixed Greens, Blackened Salmon, Feta Cheese,
Grape Tomatoes, Avocado, Hard Boiled Egg, Crumbled Bacon and
Chipotle Ranch Dressing
contains: egg, milk, & fish

soup

  **CREAMY TOMATO BASIL | 200 CAL | \$4.49**
contains: milk

HALF SANDWICH OR SALAD & A
CUP OF SOUP WITH SIDE | \$12.29

sides | \$2.90

  **RED-SKINNED POTATO SALAD | 220 CAL**
contains: egg

   **SIGNATURE CHIPS | 150 CAL**

  **RANCH POTATO CHIPS | 150 CAL**
contains: milk

   **WHOLE FRESH FRUIT | 100-110 CAL**

   **FRESH FRUIT SALAD | 100 CAL**

 **CINNAMON TWISTS | 600 CAL**
contains: egg, milk, & wheat

 **YOGURT CUP | 90 CAL**
contains: milk

2,000 Calories a day is used for general
nutrition advice, but calorie needs vary. For
allergen accommodations, please contact
the location manager.