



THE BREAKFAST EXPERIENCE

BUILD YOUR OWN BREAKFAST EXPERIENCE | \$12.15

Build your own Breakfast Experience on your choice of one base. Build your own bowl with your choice of acai or yogurt and up to 3 toppings. Or build your own bagel bar with your choice of bagel with one spread and up to 3 toppings. Both served with a beverage.

BAGEL BAR

SIDES: YOGURT: 110 CAL (CONTAINS: MILK) | FRUIT CUP: 40 CAL (MADE WITHOUT GLUTEN)

1 BAGEL

Plain | 360 CAL

(Contains: Wheat)

Blueberry | 370 CAL

(Contains: Wheat)

Everything | 350 CAL

(Contains: Sesame, Wheat)

Cinnamon Raisin | 420 CAL

(Contains: Wheat)

Plain Gluten Free | 260 CAL

2 SPREADS

Avocado | 110 CAL

Cream Cheese | 200 CAL

(Contains: Milk)

Nut-Free Nutella | 90 CAL

Sunbutter | 90 CAL

Dill Hummus | 50 CAL

(Contains: Sesame)

Salmon Dip | 240 CAL

(Contains: Egg, Fish, Milk)

3 TOP IT

Red Onion | 10 CAL

Roasted Tomatoes | 20 CAL

Cucumber | 5 CAL

Marinated Artichokes | 30 CAL

Peppers & Onions | 20 CAL

Shredded Mozzarella | 80 CAL

(Contains: Milk)

Crumbled Feta | 80 CAL

(Contains: Milk)

Pineapple | 15 CAL

Sliced Strawberries | 10 CAL

Blueberries | 15 CAL

QUICK BITE

Your choice of bagel | \$2.75

Butter or Cream Cheese

BYO BOWL

1 BASE

Acai Sorbet | 220 CAL

Greek Vanilla Yogurt | 130 CAL

(Contains: Milk)

2 TOP IT

Sliced Strawberries | 10 CAL

Blueberries | 15 CAL

Pineapple | 15 CAL

Sunbutter | 90 CAL

available until 10:30AM

Nut-Free "Nutella" | 50 CAL

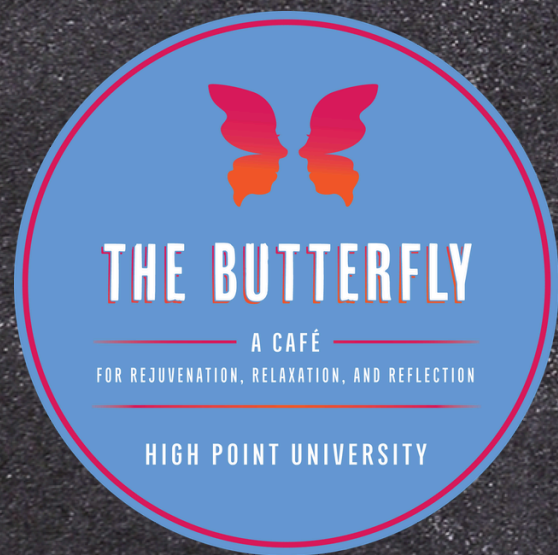
available until 10:30am

Chia Seeds | 70 CAL

Chocolate Chips | 70 CAL

(Contains: Milk, Soy)

Toasted Coconut | 80 CAL



THE MEDITERRANEAN EXPERIENCE

BUILD YOUR OWN MEDITERRANEAN EXPERIENCE | \$12.99

Build your own Mediterranean Experience on your choice of base, select your protein, and any choice of up to **5 toppings**; top it off with choice of sauce. Served with a side and beverage.

BAKERY (\$3.09)

Chocolate Croissant, Blueberry Muffin, Cappuccino Muffin, Double Chocolate Muffin, Croissant, Gelato, Cinnamon Roll, Brownie, Cannoli

SIDES (\$2.90)

Scratchmade Hummus with Pita Chips, Salmon Dip with Pita Chips, Fruit Salad, Rotini Pasta Salad, Caprese Salad

1 BASE

Romaine Mix | 20 CAL

Spring Mix | 35 CAL

Quinoa Blend | 230 CAL

Seasoned White Rice | 145 CAL

Croissant | 350 CAL

(Contains: Egg, Milk & Wheat)

Wheat Wrap | 290 CAL

(Contains: Wheat)

Pita Bread | 230 CAL

(Contains: Sesame, Soy & Wheat)

Hoagie Roll | 190 CAL

(Contains: Soy & Wheat)

2 PROTEIN

Falafel | 20 CAL

(Contains: Wheat)

Herb Salmon | 250 CAL

(Contains: Fish)

Citrus Herb Roasted

Chicken | 250 CAL

Vegan Meatball | 220 CAL

Chicken Meatball | 190 CAL

(Contains: Egg, Milk, Wheat)

Roasted Mediterranean

Veggies | 65 CAL

Shaved Gyro Meat | 440 CAL

(Contains: Soy & Wheat)

3 TOP IT

Choose up to **5 Toppings** to add to your Experience

Artichoke Hearts

Banana Peppers

Cucumber

Feta Crumbles

Garbanzo Beans

Avocado

Grape Tomatoes

Kalamata Olives

Peppers & Onions

Red Onion

Shredded Carrots

Shredded Mozzarella

4 FINISH IT

Tzatziki Sauce | 60 CAL

(Contains: Milk)

Zhug Sauce | 110 CAL

Tahini Dressing | 200 CAL

(Contains: Sesame)

Mango Chutney | 90 CAL

Greek Vinaigrette | 340 CAL

Mediterranean Ranch | 110 CAL

(Contains: Egg and Milk)

Lemon Basil Pesto | 100 CAL

THE BUTTERFLY CAFE BEVERAGES

Milk Options: Oat, Skim, Whole

ICED COFFEE & TEA 16 oz | \$5.89

Americano 10 CAL
Iced Latte 210 CAL
Panther Latte 420 CAL
Caramel Macchiato 380 CAL
Cine-matic Latte 390 CAL
Chai Tea Latte 310 CAL
Dirty Chai Latte 320 CAL
Green Tea Latte 110 CAL

HOT COFFEE & TEA 16 oz | \$5.39 20 oz | \$5.89

House Blend 5 CAL
Americano 10 CAL
Cappuccino 140 CAL
Café Latte 180 CAL
Panther Latte 350 CAL
Caramel Macchiato 280 CAL
Cine-matic Latte 260 CAL
Chai Tea Latte 220 CAL
Dirty Chai Tea Latte 230 CAL
Green Tea Latte 110 CAL
Hot Chocolate 390 CAL
Hot Tea 0 CAL

BLENDED SPECIALTIES 16 oz | \$5.89

Java Chip 400 CAL
Caramel 480 CAL
Mocha 320 CAL
Green Tea 420 CAL
Vanilla 410 CAL
Frozen Chai 420 CAL

SMOOTHIES 16 oz | \$5.89

Super Fruit 280 CAL
Green Harvest 280 CAL
Tropical Harmony 280 CAL