Ala Vodka Sauce

servings per container	1
Serving size	(72g
Amount per serving	400
Calories	120
% D	aily Value
Total Fat 10g	13%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 75mg	3%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 15mg	0%

INGREDIENTS: Tomato Crushed No Salt (vine-ripened unpeeled tomatoes, tomato puree, citric acid.), Cream, Whipped Hvy (Cream, Carrageenan, Mono-Diglycerides, Polysorbate 80, Cellulose Gum), Yellow Onions, Oil Vegetable Blend w/ Pure Olive Oil (Vegetable Oil [may contain one or more of the following: soybean, canola, corn, sunflower oil], Pure Olive Oil, Beta Carotene), Vodka Alcohol, Garlic, Kosher Salt, Dried Oregano, Black Pepper.
Contains Milk

Apple Onion Soubise

Nutrition F	acts
servings per container	1
Serving size	(98g)
Amount per serving	
Calories	80
%	Daily Value*
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 120mg	5%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 65mg	6%
Iron Omg	0%
Potassium 128mg	2%

INGREDIENTS: milk, 2%, with vitamins A & D, apple, granny smith, fresh, sliced, Half & Half Cream, Yellow Onions, Margarine Spread Zero Trans Fat Salted (Palm Oil, Water, Salt, Vegetable Mono & Diglycerides, Non-fat Dry Milk Solids, Soy Lecithin Benzoate, Citric Acid, Natural & Artificial Flavor, Beta Carotene, Vitamin A Palmitate), All Purpose Flour (Wheat Flour, Malted Barley Flour, Niacin (a B Vitamin), Iron, Thiamin Mononitrate (Vitamin B), Folic Acid (a B Vitamin), Kosher Salt, Black Pepper, Ground Nutmeg.

Contains Milk, Soy, Wheat.

Roasted Tomato Chutney

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INGREDIENTS: Italian Plum
Tomatoes, Vinegar Apple Cider
(Distilled Vinegar From Grain, Natural
Flavor With Caramel Color. Made from
the juices of apples, diluted with water
to a uniform pickling and table strength
of 5% (50 grains) acidity.), Red Bell
Pepper, Sugar, Vinegar Red Wine
(Red wine vinegar diluted with water to
5% acidity.), Ginger Root, Kosher Salt,
Mustard Seeds, Black Pepper, Red
Chili Pepper Flakes, Ground Cloves.

Fresh Chimichurri Sauce

170
aily Value
220
23%
13%
0%
5%
19
4%
0%
0%
4%
6%
2%
outrient in a 2,000 calories

INGREDIENTS: Oil Vegetable
Blend w/ Pure Olive Oil
(Vegetable Oil [may contain
one or more of the following:
soybean, canola, corn,
sunflower oil], Pure Olive Oil,
Beta Carotene), Water, Juice
Lemon Pasteurized Ultra
Premium, Vinegar Red Wine
(Red wine vinegar diluted with
water to 5% acidity.), Parsley,
Red Onion, Cilantro Leaves,
Garlic, Dried Oregano,
Kosher Salt, Black Pepper.

Citrus Herb Sauce

Nutrition Facts servings per container (75g) Serving size Amount per serving 80 **Calories** % Daily Value* Total Fat 2.5g 3% Saturated Fat 1.5g 8% Trans Fat 0g 0% Cholesterol 0mg Sodium 90mg 4% **Total Carbohydrate** 13g 5% 0% Dietary Fiber 0g Total Sugars 10g Includes 0g Added Sugars 0% Protein 1g Vitamin D 0mcg 0% 0% Calcium 6mg 0% Iron 0mg Potassium 18mg

INGREDIENTS: Juice Orange (100%) Orange Juice from Concentrate [pure filtered water, premium concentrated orange juice]), Water Water, Honey Pure Clover, Lime Juice, Pasteurized, Ultra Premium, Margarine Spread Zero Trans Fat Salted (Palm Oil, Water, Salt, Vegetable Mono & Diglycerides, Non-fat Dry Milk Solids, Soy Lecithin Benzoate, Citric Acid, Natural & Artificial Flavor, Beta Carotene, Vitamin A Palmitate), Juice Lemon Pasteurized Ultra Premium, All Purpose Flour (Wheat Flour, Malted Barley Flour, Niacin (a B Vitamin), Iron, Thiamin Mononitrate (Vitamin B), Folic Acid (a B Vitamin), Yellow Onions, Ginger Root, Parsley, Garlic, Kosher Salt, Chives, Black Pepper, Thyme.

*The % Daily Value tells you how much a nutrient in a

day is used for general nutrition advice.

serving of food contributes to a daily diet. 2,000 calories a

Japanese BBQ Sauce

Contains Milk, Soy, Wheat.

Nutrition Facts servings per container (58g) Serving size Amount per serving 60 **Calories** % Daily Value* Total Fat 0g Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% 26% Sodium 590mg Total Carbohydrate 4g 1% Dietary Fiber --g --% Total Sugars 4g 16% Includes 8g Added Sugars Protein 0g Vitamin D 0mcg 0% 0% Calcium 7mg

*The % Daily Value tells you how much a nutrient in a

day is used for general nutrition advice.

serving of food contributes to a daily diet. 2,000 calories a

Iron 0mg

Potassium --mg

0%

--%

INGREDIENTS: Ketchup, sir kensington's (Tomatoes, Tomato Paste, Organic Cane Sugar, Onions, Distilled Vinegar, Water, Salt, Lime Juice Concentrate, Green Bell Peppers, Allspice), Sauce Worcestershire (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Sugar, Spices, Anchovies, Natural Flavor (contains soy) and Tamarind. Ingredient statement may change without notification.), Sugar, Sauce Soy Light (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate), Mustard Dijon (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice).

Contains Fish, Soy, Wheat.

Savory Beef Gravy

Nutrition Facts

servings per container Serving size	(70g)
Amount per serving Calories	50
	aily Value
Total Fat 3.5g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 220mg	10%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 5mg	0%

INGREDIENTS: Water Water, Butter Unsalted (Cream and Natural Flavoring), All Purpose Flour (Wheat Flour, Malted Barley Flour, Niacin (a B Vitamin), Iron, Thiamin Mononitrate (Vitamin B), Folic Acid (a B Vitamin), Gluten Free Beef Base (Roasted beef and beef stock, salt, sugar, natural flavors, tomato paste, 2% or less water, potato starch, yeast extract, sunflower oil, corn oil, beef fat, lactic acid.), Kosher Salt, Black Pepper.

day is used for general nutrition advice.

Contains Milk, Wheat.

Arrabbiata Sauce

Nutrition Facts

servings per container Serving size	1 (65g)
Serving Size	(UUG)
Amount per serving	
Calories	<u>50</u>
% Da	aily Value*
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Miles in B. Osman	00/
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 70mg	2%
*The % Daily Value tells you how much a nu serving of food contributes to a daily diet. 2, day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Prote	ein 4

INGREDIENTS: Tomato Crushed No Salt (vine-ripened unpeeled tomatoes, tomato puree, citric acid.), tomato puree, canned (Tomato Puree (Water, Tomato Paste), Citric Acid.), Water, Oil Vegetable Blend w/ Pure Olive Oil (Vegetable Oil [may contain one or more of the following: soybean, canola, corn, sunflower oil], Pure Olive Oil, Beta Carotene), Yellow Onions, Pepper Banana Slice/Vinegar (Banana Peppers, Water, Salt, Vinegar, Citric Acid, Calcium Chloride, Sodium Benzoate (as a Preservative), Sodium Bisulfite (to retain color), Natural Flavor, FD&C Yellow #5.), Basil, Garlic, Kosher Salt, Black Pepper, Red Chili Pepper Flakes, Dried Oregano.

Tikka Masala Sauce

Nutrition F	acts
servings per container Serving size	(82g
Amount per serving	F.0
Calories	5(
%	Daily Value
Total Fat 2.5g	39
Saturated Fat 1.5g	89
Trans Fat 0g	
Cholesterol 0mg	09
Sodium 260mg	119
Total Carbohydrate 5g	29
Dietary Fiber 1g	49
Total Sugars 2g	
Includes 0g Added Sugar	rs 0 9
Protein 2g	
Vitamin D 0mcg	09
Calcium 21mg	20
Iron 0mg	09
Potassium 140mg	29

*The % Daily Value tells you how much a nutrient in a

day is used for general nutrition advice.

serving of food contributes to a daily diet. 2,000 calories a

INGREDIENTS: Yellow Onions, Tomatoes, Coconut Milk Unsweetened (coconut milk, water), yogurt, greek, plain, nonfat (Cultured Pasteurized Nonfat Milk, Live and Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidus and L. Casei), Water Water, tomato puree, canned (Tomato Puree (Water, Tomato Paste), Citric Acid.), Oil Vegetable Blend w/ Pure Olive Oil (Vegetable Oil [may contain one or more of the following: soybean, canola, corn, sunflower oil], Pure Olive Oil, Beta Carotene), Lime Juice, Pasteurized, Ultra Premium, Kosher Salt, Garlic (Garlic, Water, Phosphoric Acid, Sodium Benzoate and Potassium Sorbate (preservatives). Contains: Naturally Occurring Sulfites), Curry Powder (Coriander, Fenugreek, Tumeric, Cumin, Black Pepper, Bay Leaves, Celery Seed, Nutmeg, Cloves, Onions, Red Pepper, & Ginger), Red Curry Paste Thai (Red Chili, Salt, Lemongrass, Onion, Garlic, Galangal, Dextrose, Kaffir Lime Peel, Cumin Powder, Paprika Oleoresin, Coriander), Black Pepper, Cumin Seeds, Jalapeno Pepper, Paprika, Garlic, Ginger Root, Ground Cardamom, Ground Cinnamon, Ground Cloves.

Contains Milk, Tree Nuts.

Honey Citrus Pepper Sauce

Nutrition Facts servings per container (62g) Serving size Amount per serving **70** Calories % Daily Value* Total Fat 0g Saturated Fat 0g 0% Trans Fat 0g 0% Cholesterol 0mg Sodium 470mg 20% 6% Total Carbohydrate 17g Dietary Fiber 0g 0% Total Sugars 14g Includes 0g Added Sugars 0% Protein 1g Vitamin D 0mcg 0% 0% Calcium 7mg Iron 0mg 0% Potassium 38mg *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Pineapple Juice, Soy Sauce Tamari Gluten Free LS (Water, soybeans, salt, sugar, alcohol, vinegar, lactic acid.), Honey, Pure, Cider Vinegar, Corn Starch, Light Brown Sugar, Sriracha chili sauce (Salted Red Chili Pepper, Pepper (Red Chili Pepper, Salt), Sugar, Garlic Salt, Water, Acetic Acid, Lactic Acid, Xanthan Gum, Citric Acid, Potassium Sorbate (Preservative), Ascorbic Acid), Oil Sesame Seed Toasted Pure (100% Toasted Sesame Oil), Lemon Zest, Garlic, Black Pepper, Ginger Root, spice blend, chinese five, powder.

Contains Soy.



HIGH POINT UNIVERSITY

Dining